



### **Course Description**

**DAA2430 | Laban Movement Analysis | 3 credits**

### **Course Competencies**

This course is an introduction to Laban Movement Analysis (LMA), a body of work that focuses on understanding human movement and expanding movement choices within the context of Body/Effort/Shape/Space. The student will physically explore these concepts and learn how to apply them in creating movement. (3 hour lecture).

**Competency 1:** The student will acquire a knowledge of Rudolf Laban's theory of Effort/Shape and Space Harmony and will develop the ability to identify and analyze movement choices by:

- a. Gaining understanding of the vocabulary of this work by using guided experiential and analytical studies
- b. Observing movement through the lens of this approach using specific vocabulary developed by Laban.
- c. Applying these concepts in creating movement creatively

### **Learning Outcomes:**

1. Demonstrate an appreciation for aesthetics and creative activities

**Competency 2:** The student will demonstrate knowledge of Bartenieff Fundamentals by:

- a. Assimilating a set of concepts, principles, and exercises that apply Laban's theory to physical functions of the human body
- b. Applying these principles to enhance their understanding of movement initiation.
- c. Expressing their understanding in written work and sharing ideas in class

### **Learning Outcomes:**

1. Demonstrate an appreciation for aesthetics and creative activities

**Competency 3:** The student will apply Laban Movement Analysis by:

- a. Creating improvisational structures through application of Laban/Bartenieff concepts.
- b. Expanding these structures to develop choreographic work

- c. Collaborating with others in the creation of movement phrases and works based on the application of Laban/Bartenieff concepts

**Learning Outcomes:**

1. Demonstrate an appreciation for aesthetics and creative activities